

Affiliation Self Determination Workgroup Meeting Minutes:

April 14, 2004

10:00am to 1:00pm

Location: CEI CMH

Present at the meeting: Bob Clingenpeel (GCCMH), Lynne Jones (ICCMH), Julie Dowling (ICCMH), Judy Scott (ICCMH), Mary Ellen Papes (NCMH), Carolyn Hilley (GCCMH), George Ott (MBCMH), Ingemar Johansson (MBCMH), Pamela Stants (CEICMH), Tom Knudtson (CEICMH), Kim Zimmerman (Affiliation), Bob Sheehan (CEICMH), Ken Slater (CEICMH), Bob Wernick (GCCMH), Greg Snyder (NCMH), and Michael Moran (MBCMH)

Absent: Meeting Minutes: Dan Alonzi (GCCMH), April Fitzpatrick (MBCMH), Michael Brashears (CEICMH), and Bea Stevens (NCMH)

Guests: Mike Head (DCH), Pam Werner (DCH), and Rob Curtner (Baord Association)

The meeting minutes from March 2004 were approved without revisions.

Meeting with Mike Head and Pam Werner (DCH):

We began our meeting with Mike and Pam by going over the purpose of the Affiliation SD workgroup and the things that we have completed and are currently working on. We then focused on the list of questions that our workgroup had completed prior to this meeting. The following are the questions asked and responses given by Mike and Pam.

- *How can we better work in partnership with DCH:*
 - Mike stated that we should always put our questions in writing and email them to him and he will give a written response
 - Affiliation will coordinate emails to Mike through Kim Zimmerman
- *Standards/Indicators for SD/PCP:*
 - Mike stated that no indicators had been set/determined at this point
 - When/If indicators are set they will be based on consumer and other stakeholders feedback
 - Mike stated at this point it is the expectation that providers are implementing SD in good faith and they do not want to set indicators until needed...they are trying to not be in the “enforcement mode”
 - Mike also stated that progress is not being determined solely on the paperwork process, but also on outcomes....a review process alone does not indicate if SD is happening
- *Inconsistencies with information being distributed to CMH's related to standards:*
 - An example given was on CMH being told that “meaningful participation” would be determined by each consumer having a daily schedule completed and in their file demonstrating what they did during any given day and that this was inconsistent with information being given to other CMH's related to “meaningful participation”
 - Pam stated that she feels that when the auditors are out in the field that what they are doing is technical consultation with the CMH's and if things are not in the written report, then the CMH's should not look to correct anything

- Pam and Mike both also stated that CMH's need to challenge their auditor reports if they do not believe they are correct....they stated that we should not immediately make corrections if we do not believe that would be best practice
- Pam also stated that there would be more focus on outcomes and a shift away from focusing on the paperwork process and we were encouraged to think that way
- Pam also stated that we should have more involvement with local consumer groups and advocates....we need more community involvement with improving our systems and processes
- Pam suggested that we do things like "town hall" style meetings and make sure we are going to where the consumers are at for participation and not expecting them to come to us...

- *How will it be determined that consumers are given choice of SD?*
 - Mike stated that will be different for each consumer....it will be important that we show that consumers are educated on their options and provided those options if they choose
 - This is not a "readiness model", but rather a "support model"
 - Mike reinforced that we need to look at meeting outcomes and not lose sleep over the indicators
 - Mike also stated that it is expected that we are implementing the plan we outlined in the AFP and that this will be done by the end of this year

- *FIA Home Help Program:*
 - Mike and Pam stated that we needed to continue to utilize home help and work with local FIA's for best results
 - We should encourage consumers to follow the appeal process when they are denied services/supports

- *Medical Necessity/Regulations:*
 - Pam stated she does not see medical necessity as a block to SD...the definition is so broad and SD does not start with medical necessity
 - Mike stated the dental may be reinstated next year
 - Mike also stated that CLS can be utilized for a variety of things such as companions
 - Pots of money at the state level that cannot be mixed or used easily for other services....at local level it is not so limited

- *Use of Fiscal Intermediaries:*
 - Mike: anybody can be a check writer....CMH's are not set up to do this
 - FI's must have no vested interest with the CMH
 - Consumers and advocates are driving the use of FI's...they want to see this happen
 - Mike also stated if we did a cost analysis we would see that that our overhead costs would drop and therefore overall costs should be less
 - Mike also stated that if we are so concerned with liability issues, then we should want to use FI's as they take on a lot of the liability and monitoring
 - Mike stated that he has a list of 12 or so entities acting as FI's in the state and he would be happy to give those names to us

- Mike also stated that using FI's is about providing choice for the consumers, but that the consumers must want to take on the responsibility and understand their role as well
 - Mike also recommended Stewart as a good FI within the state
 - Mike also recommended that we take a look at the work of Susan Flannaghan and the fiscal management options she outlines
 - Mike also suggested that we look at the model Florida is using right now where they give a cash allotment to consumers (not Medicaid \$\$) where they can purchase whatever services/supports coincides with their recovery model...this is being done on a grant...
- *Consumers as employers of record*
 - Mike stated that if you employ someone less than 35 hours per week, then you do not have to have workers comp. insurance
 - All consumers involved with SD must have a backup plan for staffing/support

Meeting with Allegan CMH Representative: Ingemar will follow up with Beth Durkee (Allegan) regarding her attendance at our May 12th meeting to discuss how Allegan is implementing Self Determination. The meeting location was moved to Ionia CMH so that Beth would not have as far to drive.

Next Meeting Agenda: Group members are to send agenda items to Kim.

Next Meeting: The next meeting will be at **Ionia CMH on May 12, 2004 from 10:00am to 1:00pm. Beth Durkee will be our guest.**

Meeting Minutes Submitted by: Kim Zimmerman
Affiliation Consumer Empowerment Specialist