

Community Mental Health Affiliation of Mid-Michigan  
Consumer and Stakeholder Advisory Council

**Meeting Minutes of November 4, 2010**

Community Mental Health Authority of Clinton-Eaton-Ingham Counties  
812 E. Jolly Rd., Conference Rooms G-11 A & B  
Lansing, Michigan

- Present:**                    Committee Members: Julie Barron, CSR (CEI); Heather Bell, CSR (Gratiot); Tina Bertram (CEI); Annette Fisher (Gratiot); Judith Fryer (CEI); Deborah Krieger (Manistee-Benzie); Charlotte Lamb (Gratiot); Nick Lawson (Gratiot); Brittney Shalna, CSR (Manistee-Benzie); Lavonda Smith (Newaygo); Bea Stevens, CSR (Newaygo); Pixie Stevens (Newaygo); Lori Swan (CEI); Rebecca West, CSR (CEI); Nicole Wright (CEI); Dan Wrzesinski, CSR (Manistee-Benzie)
- Other:    Toby Bayless (Affiliation); Angela Thrush (Gratiot); Stephenson (Manistee-Benzie); Kim Zimmerman (Affiliation)
- Call to Order:**            Nick Lawson, Chairperson, called the meeting to order at 11:15 AM, followed by introductions.
- Agenda Review:**        The following items were added to the agenda:
- IPLT – Toby Bayless
  - Recognition Dinner – Nick
- Approval of Minutes:**                Julie Barron read aloud the minutes of the October 7 meeting. The minutes were approved by consensus of the group.
- Consumer Bulletin:**    Heather Bell discussed the layout of the consumer bulletin, and suggestions were made for minor revisions. Heather and Becki West will make the recommended changes and present to the Quality Improvement work group on November 22 for their approval to distribute. Submissions for the next issue are to be sent to Becki West by December 15. The bulletin will be distributed as “Spring”, “Summer”, “Fall” and “Winter” issues.
- IPLT:**                        Toby Bayless explained the Improving Practices Leadership Team (IPLT) is looking to expand membership. In addition, the IPLT has a sub-committee working on a block grant video production. He noted the video will be brought

to this group for preview prior to its release. Anyone interested in joining the IPLT should contact Toby.

**DCH Site Review:** Kim Zimmerman provided a handout of the Michigan Department of Community Health's site review scoring summary 2003 through 2010. She explained the full reviews and the results.

**CMHSP Presentation:** Manistee-Benzie staff reported the Benzie drop-in is providing opportunities to cook, clean, etc. to win prizes. Activity groups such as yoga and horse therapy have started. Friendship and PATH groups are running as well as anger management class, support group for autism spectrum disorders, DBSA group, DBT training and the Regional Interagency Coordinating group. Manistee-Benzie CMH participated in the Manistee County Fair with a treasure chest theme, and the Manistee Street Fair along with several vendors. A bi-weekly newspaper column is also written. Newaygo CMH will be making the December presentation.

**Council By-Laws:** Kim distributed the final version of the Advisory Council By-Laws, which were read aloud by Nicole Wright. Deb Krieger volunteered to ask Chip Johnston if the Manistee-Benzie representative can serve in person as the Chairperson, and will report back to the Council during the December meeting. Julie is updating the Council member handbook and will have it ready for distribution during the December meeting. Lori Swan and Nicole were nominated for the position of Vice Chairperson. They will each prepare a statement about why they would like to hold this position to read during the December meeting before the voting takes place.

#### **Affiliation Policy/Procedure**

**Review:** None.

**Other Business:** Nick raised the issue of the Recognition Dinner planning. Heather stated she is willing to work with a volunteer to coordinate the event. Lori volunteered to coordinate the Recognition Dinner.

Becki provided a form listing categories that could be included in the block grant video. She requested each member complete the form indicating the areas felt

to be the most important for new consumers to view. When completed, the form needs to be returned to Becki.

Heather showed the Council the new Gratiot CMH brochure.

Discussion was held regarding an Advisory Council Christmas celebration. It was determined pizza, Chinese, chicken and beverage would be provided and members will bring side dishes. Anyone wishing to participate in a gift exchange should bring a gift appropriate for a male or female in the \$5.00 cost range. It is hoped most Council members will be able to attend this celebration in person rather than videoconference.

**Adjournment:** The meeting adjourned at 2:05 PM. The next meeting of the Affiliation Consumer and Stakeholder Advisory Council will be Thursday, December 2, 11:00 AM to 2:00 PM at 812 E. Jolly Rd., Lansing, Michigan.

Respectfully submitted,

Debra Heinze  
Affiliation Secretary

#### PURPOSE STATEMENT

- To assure that consumers shape the policies & practices of the Affiliation of Mid-Michigan & the State
- To determine the needs of consumers & to communicate those needs to appropriate parties. To improve the work of the Affiliation, so that it meets the needs of consumers, families, & other stakeholders
- To review & to make recommendations about the Affiliation's programs
- To make suggestions to the Director of Affiliation Operations
- To be advocates of system-wide change for consumers' rights & consumers' welfare
- To work as a team in a safe, friendly & respectful environment