

Community Mental Health Affiliation of Mid-Michigan
Consumer and Stakeholder Advisory Council

Meeting Minutes of February 3, 2011

Community Mental Health Authority of Clinton-Eaton-Ingham Counties
812 E. Jolly Rd., Conference Rooms G-11 A & B
Lansing, Michigan

Present: Committee Members: Julie Barron, CSR (CEI); Heather Bell, CSR (Gratiot); Tina Bertram (CEI); Melissa Crysler, CSR (Newaygo); Annette Fisher (Gratiot); Judith Fryer (CEI); Charlotte Lamb (Gratiot); Nick Lawson (Gratiot); Lavonda Smith (Newaygo); Angela Thrush (Gratiot); Pixie Stevens (Newaygo); Nicole Wright (CEI)

Other: Heidi (Newaygo); Michael Mackin (Manistee-Benzie); Jennifer Stone-Glasby (CEI); Danielle Vance (Manistee-Benzie); Kim Zimmerman (Affiliation)

Call to Order: Nick Lawson, Acting Chairperson, called the meeting to order at 11:15 AM, followed by introductions.

Agenda Review: The agenda was approved as submitted.

Approval of Minutes: Charlotte Lamb read aloud the minutes of the January 6 meeting. It was MOVED by Nick, and SUPPORTED by Julie Barron, to accept the minutes as read. Michael Mackin stated he had not resigned from the Advisory Council, and was advised by his attorney that it is illegal to remove him from the vice-chairperson position. Kim Zimmerman indicated the matter would be investigated, and an update will be provided at the next meeting.

Communication

Guidelines: Kim distributed "Communication Guidelines for the Affiliation Consumer Advisory Council" and read it aloud. There were no revisions.

Standard of

Conduct: Kim distributed and read aloud "Standards of Conduct for Advisory Council Members" and "Characteristics of an Effective Council". There were no recommended revisions.

Consumer Bulletin: Heather Bell announced she has started working on the Spring edition of the Consumer Bulletin. Charlotte suggested the Peer Support Specialists' names be

listed in the bulletin. Kim noted the large number and turnover of Peer Support Specialists would cause frequent revisions, so she suggested submissions by Peer Support Specialists in each Bulletin edition. Current and upcoming events will also be included in each edition. The Winter edition was approved for distribution by the Quality Improvement work group.

CMHSP Presentation: Heather reported the Gratiot CMH building construction is winding down now. The local client Advisory Panel is meeting regularly, there was participation in the Family Expo, and attendance to Ionia's presentation on Depression. The staff has started a support service group series twice weekly for any interested individuals whether or not they are consumers. A Dialectical Behavior Therapy group will be starting February 15. Heather described the roto-cube, which is a new addition to the agency's lobby area. Manistee-Benzie CMH will make the March CMHSP presentation.

Recognition Dinner: Heather initiated discussion regarding increased catering expense due to raising the attendance number from 50 to 65 guests. Nick will contact the church to reserve May 5 for the dinner. A decision will be made during the March meeting regarding a speaker when Toby Bayless brings his recommendations. Nicole Wright and Lori Swan will give the history and present the Andy Carlson award. Voting for the recipient of the award will be held during the March meeting. Kim distributed a draft of the electronic invitation. She reminded the group each Council member can invite one guest, and the CEO of each agency will be invited and may bring two staff or consumers. The theme for the dinner is recovery – "The Sky Is The Limit". Several Council members volunteered to speak. Nicole will say the opening prayer. Nick and Nicole will co-present the Council's activities over the past year. It was determined a memorial table will be set up with photos of deceased Council members.

Policy/Procedure

Review: None

Presentations: Kim asked the group for ideas on speakers and topics they would be interested in hearing. Suggestions were: Compliance Plan/training, Bob Sheehan update, Toby – ARR update, Health Care Reform, substance abuse services, Emergency

Services/Bridges, Co-Occurring Disorders, Walk-A-Mile report, Adult Foster Care home policies, and Developmental Disorders services.

Other Business: Nick requested "Final Thoughts" be returned to each meeting's agenda.

Adjournment: The meeting adjourned at 2:00 PM. The next meeting of the Affiliation Consumer and Stakeholder Advisory Council will be Thursday, March 3, 2011, 11:00 AM to 2:00 PM at 812 E. Jolly Rd., Lansing, Michigan.

Respectfully submitted,

Debra Heinze
Affiliation Secretary

PURPOSE STATEMENT

- To assure that consumers shape the policies & practices of the Affiliation of Mid-Michigan & the State
- To determine the needs of consumers & to communicate those needs to appropriate parties. To improve the work of the Affiliation, so that it meets the needs of consumers, families, & other stakeholders
- To review & to make recommendations about the Affiliation's programs
- To make suggestions to the Director of Affiliation Operations
- To be advocates of system-wide change for consumers' rights & consumers' welfare
- To work as a team in a safe, friendly & respectful environment