

CMHAMM  
**Improving Practices Leadership Team**  
Meeting Minutes

September 15, 2011

Community Mental Health Authority  
Of Clinton-Eaton-Ingham Counties  
812 E. Jolly Rd.  
Lansing, Michigan

Facilitator: Michael Hetzman

G-11 A & B  
1:00 PM – 3:00 PM

**ATTENDANCE:** Toby Bayless (Affiliation); Mary Clissold (CEI); Julie Dowling (Ionia); Michael Geoghan (Newaygo); Michael Hetzman (Gratiot); Cheryl Kobernik (Centra Wellness); Maureen Moloney (CEI); Rebecca West (CEI)

**ABSENT:** Judi Cates (CEI); Rob Davis (CEI); Paul Duff (CEI); Vic Guajardo (Gratiot); Cindy Ingersoll (Newaygo); Ingemar Johansson (Centra Wellness); Kari Korson (Centra Wellness); Darby Moreno (Centra Wellness); Sue Poindexter (Gratiot); Greg Snyder (Newaygo); Pamela Stants (CEI); Lori Swan (CEI); Al Way (CEI); Kim Zimmerman (Affiliation)

**GUESTS:** Kris Hamilton (Ionia); Brenda Hodges (Ionia); April Williams (MSU Intern)

**CALL TO ORDER:** The meeting was called to order at 1:20 PM by Mike Hetzman, facilitator.

**AGENDA REVIEW:** There were no revisions to the agenda.

**CLINICAL DIRECTORS**

**MEETING UPDATE:** Mike Hetzman reported on the July 12 Clinical Directors meeting. He stated discussion was held on Evidence Based Practice versus “Practice Based Evidence”, ACT, medical marijuana card holders receiving behavioral health services, electronic medical record, and functional assessment scales. Maureen Moloney noted CEI’s Medical Director has developed a medical marijuana policy, and will check to see if it can be shared Affiliation-wide. The next Clinical Directors meeting will be held during the MACMHB Fall conference.

## **FY 12 MH BLOCK GRANT**

**IMPLEMENTATION:** Toby Bayless asked if there is any activity occurring regarding implementation of the Fiscal Year 2012 Block Grant. Mike Geoghan explained Newaygo CMH is hiring a nurse practitioner and investigating steps to take to become a patient's medical home; there is also a part time physician on staff for oversight. Chris McDaniel, Maureen Moloney and Mike Hetzman are talking with the Mid-Michigan Health Department regarding placement of a clinician in the health department. Discussions at Ionia CMH are occurring regarding doctor placement on site versus in the doctor's office. Cheryl Kobernik reported Centra Wellness has an Access Resource Manager (ARM) embedded in six clinics; they continue to debate placement of a Masters level clinician. Toby announced the CEI Finance Department is working out the grant payment details, and he will update the group with the progress in this area at the next meeting.

## **ACA LEARNING**

**SESSION:** Toby will be doing a webinar October 5 on ACO regulations. He is developing a format that will include information presentation, discussion, and Q & A. The webinar is appropriate for supervisory level staff and up. E-mail contact information must be provided to Toby to participate.

**RECOVERY DVD:** Toby announced the DVD, "A Journey to Recovery", funded by a \$20,000 grant is finished; the group viewed the DVD. Each affiliate will receive 50 copies, and additional copies may be burned.

## **COD-IDDT**

**PRESENTATION:** Each affiliate reported on the status of COD-IDDT at the respective agencies.

Centra Wellness – Cheryl noted the first review was 2007; the second review in 2009 resulted in an improved score. The DBT and Substance Use models have combined, and are monitored via documentation, which includes data analysis. Motivational interviewing and increased training have helped improve service delivery. More consistency has developed between Manistee and Benzie counties.

Ionia – Julie Dowling stated Ionia CMH went through the 2008 MiFAST survey, which was an all-agency review. They have two IDDT based groups, and are increasing to three groups. There is a struggle with coordination via the Health Department and Mid-South Substance Abuse Commission to offer more

specialized services, such as detox. The IDDT therapist also works with jail services.

Newaygo – Mike Geoghan reported Newaygo CMH has utilized the Essential Learning modules for training. They held a “meet and greet” with a MiFAST reviewer, but have not pursued a review; the focus remains on training.

Gratiot – Mike Hetzman noted Gratiot CMH is not a licensed substance abuse provider, but their clinicians are CAC credentialed. They work closely with the Addiction Solutions agency in coordinating care. Additionally, the clinicians attend substance abuse conferences.

CEI – Maureen stated CEI has not had a MiFAST review as various teams are in differing states of readiness. 2009 and 2010 have been spent providing exposure to residential and crisis services. CEI is a host site for support groups (AA, NA, etc.). Steve Wiland of DCH provides consultation as needed. She noted a culture shift is necessary as there is a struggle regarding documentation and outcomes; ongoing training is needed.

**NEXT MEETING:** The next meeting of the IPLT will be October 20, 1:00 PM to 3:00 PM, at CMHA-CEI in Conference Room G11-A.

**ADJOURNMENT:** The meeting adjourned at 4:45 PM.

Respectfully submitted,

Debra Heinze  
Affiliation Secretary