

Community Mental Health Affiliation of Mid-Michigan  
Consumer and Stakeholder Advisory Council Meeting

**Meeting Minutes of November 3, 2011**

Community Mental Health Authority of Clinton-Eaton-Ingham Counties  
812 E. Jolly Rd., Conference Room G-11 A  
Lansing, Michigan

- Present:**                    Committee Members: Julie Barron, CSR (CEI); Heather Bell, CSR (Gratiot); Annette Fisher (Gratiot); Judith Fryer (CEI); Ellen Hicks (Newaygo); Deborah Krieger (Centra Wellness); Charlotte Lamb (Gratiot); Nick Lawson (Gratiot); Brittney Shalna, CSR (Centra Wellness); Angela Thrush (Gratiot); Pixie Stevens (Newaygo); Lori Swan (CEI); Nicole Wright (CEI); Dan Wrzesinski, CSR (Centra Wellness)
- Other: Tana Baker (Centra Wellness); Toby Bayless (Affiliation); Kim Zimmerman (Affiliation)
- Call to Order:**            The meeting was called to order by Nicole Wright, chairperson, at 11:03 AM, followed by introductions.
- Agenda Review:**        The following items were added to the agenda:
- Council Recognition Dinner – Heather Bell
  - Christmas Party – Charlotte Lamb
- Meeting Minutes:**     The minutes from the October 6, 2011 meeting were read by Nick Lawson. It was MOVED by Nicole to approve the minutes. The minutes were APPROVED by consensus.
- Consumer Bulletin:**    Heather gave an update on the winter edition of the Consumer Bulletin, noting there is still a need for more articles. The affiliate agencies were polled regarding the status of the article submissions; several indicated they had submitted the articles to Becki West. As Becki was not in attendance, the submission deadline was extended from November 3 to November 21.
- Affiliation Policy &  
Procedure Review:**     Kim Zimmerman reviewed procedures 1.8 Affiliation Consumer Advisory Council Membership and 2.9 Self Determination and Person/Family Centered Planning. Discussion ensued regarding who can serve as chairperson and vice-chairperson. Section IV. H. and A., Procedure 1.8, will be revised to be consistent with the

Advisory Council By-Laws. Kim noted the content of Procedure 2.9 is from the DCH contract attachments 3.4.1.1 and 3.4.4, and Section 712 of the Mental Health Code. The Self Determination work group will review Procedure 2.9 before it is finalized.

**FY 12 Council Goals/**

**Outcomes:** Nick read aloud the Council goals, and various members provided status updates.

**Performance Indicators**

**Review:** Paul Duff distributed the 2<sup>nd</sup> Quarter 2011 Analysis of Performance Indicators document, and reviewed the contents with the group. Several questions were answered.

**Presentation/**

**Education:** Due to time constraints, the Self Determination and Person Centered Planning presentation was moved to the January 2012 agenda.

**CMHSP**

**Presentation:** Centra Wellness members reported the Friendship Society in Manistee held a Halloween party, and the Benzie drop-in hosted a Halloween dance. DBT groups now include Substance Abuse, and additionally there are two Pathways to Recovery groups. Tana Baker announced she is now chairing the RIC. Dan Wrzesinski is working on a documentary that is a photo biography project of consumer pictures and recovery stories. The agency name change from Manistee-Benzie CMH to Centra Wellness has had a positive effect regarding less stigma and more approachable. The agency is currently working to integrate with physical health to provide comprehensive wellness services.

**Council Handbook:** Julie Barron distributed copies of the Council handbook for review. She will update the By-Laws, then present for a final review. Additionally, Julie provided a draft brochure for comment. Discussion ensued, with suggestions for revising the content. Heather Bell volunteered to help Julie draft a brochure that will be reviewed by the Council during the January 2012 meeting. Centra Wellness members requested a copy of the inventory list to determine if they would be able to utilize any of the items for their local presentations.

**Recognition Dinner:** Heather raised the issue of planning for a Recognition Dinner. Discussion ensued. It was MOVED by Nick, and SUPPORTED by Lori Swan, to not hold a Recognition Dinner this year. The motion was APPROVED by consensus. It was noted other options will be explored during upcoming meetings.

**December Meeting:** Discussion was held regarding a holiday celebration during the December 1 Council meeting. It was decided pizza will be provided, each Council member will bring a dish to pass, and participation in the gift exchange will be optional. All members are encouraged to attend in person.

**Other Business:** Nicole read an excerpt from the Charter House newsletter regarding the attendance and support from Representative Joan Bauer.

Toby announced the ARR project is completed, and will be reviewed during a future meeting.

**Next Meeting:** The next meeting of the Affiliation Consumer and Stakeholder Advisory Council will be Thursday, December 1, 2011, 11:00 AM to 2:00 PM at 812 E. Jolly Rd., Conference Rooms G-11 A and B, Lansing, Michigan.

**Adjournment:** The meeting adjourned at 2:00 PM.

Respectfully submitted,

Debra Heinze  
Affiliation Secretary

#### PURPOSE STATEMENT

- To assure that consumers shape the policies & practices of the Affiliation of Mid-Michigan & the State
- To determine the needs of consumers & to communicate those needs to appropriate parties. To improve the work of the Affiliation, so that it meets the needs of consumers, families, & other stakeholders
- To review & to make recommendations about the Affiliation's programs
- To make suggestions to the Director of Affiliation Operations
- To be advocates of system-wide change for consumers' rights & consumers' welfare
- To work as a team in a safe, friendly & respectful environment