

Community Mental Health Affiliation of Mid-Michigan
Consumer and Stakeholder Advisory Council

Meeting Minutes of February 1, 2007

Community Mental Health Authority of
Clinton-Eaton-Ingham Counties
812 E. Jolly Rd., Conference Rooms G-11 A & B
Lansing, Michigan

Present: Committee Members: Julie Barron, CSR (CEI); William Crandell (CEI); Timothy Hansen (via phone – Newaygo); Judith Kindel (CEI); Todd Koopmans (via phone – Newaygo); Nick Lawson (Gratiot); Kim McKenzie, CSR (Manistee-Benzie); Jana Perez (via phone – Gratiot); Christine Riddlebaugh (Gratiot); Bea Stevens, CSR (via phone – Newaygo); Pixie Stevens (via phone – Newaygo); Rebecca West, CSR (Ionia)

Other: Deborah Krieger (Manistee-Benzie); Chris Steffen (Manistee-Benzie); Kim Zimmerman (Affiliation)

Call to Order: Chairperson Nick Lawson called the meeting to order at 11:25 AM.

Introductions: Chris Steffen was introduced as the new Peer Support Specialist from Manistee-Benzie CMH.

Agenda Review: Liz Holcomb requested time on the agenda to address Advance Directives.

Advance Directives: Liz distributed the psychiatric Advance Directives procedure and summarized the content. She noted all recipients of services will be receiving a letter informing them of this procedure. Discussion ensued and questions were answered. The group approved the procedure by consensus.

Review & Approval Of Minutes: The minutes of the January 4, 2007 meeting were read aloud by Julie Barron. It was MOVED by Christine Riddlebaugh and SUPPORTED by Judith Kindel to approve the minutes as submitted. MOTION PASSED unanimously. Nick requested Council members remember to turn off cell phones during the meeting.

**Grant Coordinator's
Report:**

Jana Perez reported to the group that she has been watching videos and reading books to come up with questions, as well as ideas from the Oprah show. She noted there are opportunities coming up if anyone is interested in participating. "CMH Players" is presenting a comedy to be shown February 27 at 7:00 PM during the MACMHB Winter Conference, a writing workshop will be held from 9:00 AM to 5:00 PM at Gratiot CMH for a \$15.00 registration fee, and public speaking and media presentation in March, which could be held at Gratiot or CEI CMH. It is Jana's goal to get on school schedules by May for September presentations. Kim Zimmerman will look into applying for a three month extension to the grant. Jana suggested having business cards printed with the logo used on the Council shirts, and making sure each Council member has a t-shirt. Kim McKenzie volunteered to take care of the t-shirt ordering project. Jana set a target date of April for the promotional packets to go out. She requested the members to be prepared to present all ideas at the March meeting.

**Grant Committee
Reports:**

Quality Improvement

Julie reported working with Richard Coelho to develop a survey. The survey contains five questions. Becki West suggested reducing the survey size to a half sheet. It was also suggested a separate survey be developed for the elementary level. Discussion ensued. It was determined Julie will present full and half sheet samples of the survey for review at the March meeting.

Education and Training Materials

Kim McKenzie reported on several resources she had discovered and upcoming educational opportunities that focused on recovery. Bea Stevens noted Newaygo has listed all school districts and contact people in the county.

Supply and Expenditure

Christine reported she will be shopping for the laptop computer next week. Heather Betts will load the spreadsheet software onto the laptop.

Promotion, Marketing and Recruitment

No report.

In the interest of time, future reports need to be submitted in writing to be read in five minutes, followed by five minutes of questions and discussion. If no report is going to be made, this needs to be stated in writing.

Open Forum: Tim Hansen announced his resignation. Nick read a letter of resignation from Margaret Stooksberry.

Kim Zimmerman distributed the grant quarterly report and a flyer on "The Curious Savage", which is a play by the CMH Players that will be presented during the MACMHB Winter Conference.

Christine announced there are five videos on anti-stigma that are available to borrow and view.

Final Thoughts: Nick requested to be first on the agenda of the March meeting to re-state the purpose of the Advisory Council, with a follow-up by Kim Zimmerman.

Adjournment: The meeting adjourned at 2:15 PM. The next scheduled meeting of the Affiliation Consumer and Stakeholder Advisory Council will be Thursday, March 1, 11:00 AM to 2:00 PM at 812 E. Jolly Rd., Lansing, Michigan in Conference Rooms G-11 A & B.

Respectfully submitted,

Debra Heinze
Affiliation Secretary