

Community Mental Health Affiliation of Mid-Michigan  
Consumer and Stakeholder Advisory Council

**Meeting Minutes of March 8, 2007**

Community Mental Health Authority of  
Clinton-Eaton-Ingham Counties  
812 E. Jolly Rd., Conference Rooms G-11 A & B  
Lansing, Michigan

**Present:**            Committee Members: Julie Barron, CSR (CEI); William Crandell (CEI); Marvin Embry (CEI); Judith Kindel (CEI); Todd Koopmans (Newaygo); Nick Lawson (Gratiot); Kim McKenzie, CSR (via phone – Manistee-Benzie); Jana Perez, CSR (Gratiot); Christine Riddlebaugh (Gratiot); Pixie Stevens, CSR (Newaygo); Rebecca West, CSR (Ionia)

Other: Toby Bayless (Affiliation); Todd Heywood (Sunsets with Shakespeare – Lansing); Lavonda Smith (Newaygo); Kim Zimmerman (Affiliation)

**Call to Order:**    Toby Bayless, Director of Affiliation Operations, called the meeting to order at 11:05 AM. Toby explained he will temporarily co-chair meetings with Nick Lawson to re-ground the group via order, preparation and respect. A handout, “Standards of Conduct for Board Members”, was distributed. Toby requested all Advisory Council business to be conducted in writing directed to Kim Zimmerman, Consumer Empowerment Specialist.

**Introductions:**    Todd Heywood was introduced as Artistic Director of Sunsets with Shakespeare.

**Agenda Review:**    Todd Heywood’s presentation was added to the agenda.

**Review & Approval**

**Of Minutes:**        The minutes of the February 1, 2007 meeting were read aloud by Judith Kindel. It was MOVED by Bill Crandell and SUPPORTED by Christine Riddlebaugh to approve the minutes as submitted. MOTION PASSED unanimously.

**Grant Coordinator’s Report:**

Jana Perez provided a handout as an optional tool that work groups can use to record minutes. She reported a camera was given to Todd Koopmans to take pictures of Affiliation and local advisory council members. Jana would like each person to provide a write up on themselves to be compiled into a book. Todd Koopmans

asked about consent for photo and personal articles. Jana assured the group there will be a final review before the book goes to the printer. Jana will bring a copy of the book draft to the April meeting to make corrections. She has planned for copies of the book to be distributed to all CMHSP's (Community Mental Health Service Providers) in Michigan.

### **Theatre Education**

#### **Proposal:**

Todd Heywood explained and answered questions regarding the proposal he submitted. Heywood noted educational materials would need to be developed. Jana responded that she is working on materials with therapists to instruct regarding mental health anti-stigma issues. The group was advised there would be a 20% increase in cost (approximately \$700.00) to own the copyright. It was determined 40% - 50% of the consultant budget would be used with Heywood's proposal. Discussion ensued. It was MOVED by Todd Koopmans and SUPPORTED by Bill Crandell to accept Heywood's proposal with flexibility reflected in a contract. MOTION PASSED unanimously. Heywood will work with Jana and Kim Zimmerman regarding the contract, and periodic updates will be brought to the Council. Heywood will issue a schedule upon signing of the contract. He encouraged the Council members to be present at as many trainings as possible to be a resource. Nick, Christine, Jana, Judith and Julie Barron volunteered to attend as instructors regarding mental health issues.

#### **Grant Work:**

The committees worked together as one large group to determine tasks to be accomplished by the April meeting. Becki West and Julie will develop a tri-fold brochure of "Who We Are" for distribution to the schools and CMHSP's. Development of a puppet show will be discussed at the next meeting. Samples of the survey in a full sheet and a half sheet format were distributed.

#### **Tee Shirts:**

Toby reviewed the original reason the Affiliation polo shirts were ordered. He explained he did not feel the Affiliation budget would support this expense at this time. However, any member who would like to place an order for a shirt at their own expense may contact Kim McKenzie.

#### **Annual Dinner:**

Jana reported the cost of the annual dinner has been approximately \$800.00. The group felt they would like to continue this event and asked if the Affiliation could pay for it. Toby approved payment and noted he will ask each affiliate if they are willing to commit

approximately \$200.00 to share the cost equally. May 17 is reserved for the dinner.

**Open Forum:** Judith announced there is a free clinic in Lansing located at 333 S. Pennsylvania Avenue and also one in Mason, by appointment only.

Julie reported attending an anti-stigma play, "The Curious Savage", presented by the Thumb Alliance.

Becki brought flyers announcing the first of three recovery workshops to be held at Ionia CMH, and asked Council members to consider attending.

Jana requested to be contacted at home or via e-mail until she returns to work.

**Adjournment:** The meeting adjourned at 2:00 PM. The next scheduled meeting of the Affiliation Consumer and Stakeholder Advisory Council will be Thursday, April 5, 11:00 AM to 2:00 Pm at 812 E. Jolly Rd., Lansing, Michigan in Conference Rooms G-11 A & B.

Respectfully submitted,

Debra Heinze  
Affiliation Secretary