

Community Mental Health Affiliation of Mid-Michigan
Consumer and Stakeholder Advisory Council

Meeting Minutes of August 6, 2009

Community Mental Health Authority of Clinton-Eaton-Ingham Counties
812 E. Jolly Rd., Conference Rooms G-11 A & B
Lansing, Michigan

Present: Committee Members: Julie Barron, CSR (CEI); Jean Cowdery (Gratiot); Rebecca Gardner (CEI); Todd Koopmans (Newaygo via videoconference); Deborah Krieger (Manistee-Benzie via videoconference); Charlotte Lamb (Gratiot); Nick Lawson (Gratiot); Kim McKenzie, CSR (Manistee-Benzie via videoconference); Ann Merrifield (CEI); Lavonda Smith (Newaygo via videoconference); Pixie Stevens (Newaygo via videoconference); Rebecca West, CSR (Ionia)

Other: Toby Bayless (Affiliation); Kim Zimmerman (Affiliation)

Call to Order: Nick Lawson, vice chairperson, called the meeting to order at 11:05 AM.

Approval of Minutes: Charlotte Lamb read aloud the minutes of the June 4 meeting. It was moved by Nick Lawson to approve the minutes as submitted. Rebecca Gardner noted the approval of minutes and reader of the ARR Section 7 should be corrected to read Rebecca West. It was supported by Rebecca Gardner to approve the minutes with the noted revisions. The motion was approved.

Procedure 2.9: Kim Zimmerman distributed copies of the draft Affiliation Procedure 2.9 Self Determination and Person/Family Centered Planning. The document was reviewed by the Council and discussion ensued. It was noted at the time of assessment there is generally information overload, and some case managers do not follow up on the information that is presented to the consumer. It was also mentioned client satisfaction surveys conducted during the annual review of the Person Centered Plan are often too overwhelming. It was suggested clinicians educate the consumers in small increments during regularly scheduled appointments.

Ambassador Handbook

Training: Julie Barron provided those present with the Michigan CMH Ambassador Handbook, the CEI Recovery from Mental Illness brochure, and a handout explaining Community Mental Health. She gave a PowerPoint presentation. In addition Anita DeWolfe and Julie gave their personal recovery stories.

Workshop: Becki West announced a free recovery workshop August 18, 10:30 AM, at Ionia Community Mental Health. An RSVP is requested no later than August 14.

Recognition: Todd Koopmans was acknowledged for his service on the Advisory Council as his term ends.

ARR Review: Toby Bayless gave those present a list of ARR definitions, and Rebecca Gardner read a document that explained the ARR and each of its sections. Toby requested feedback on the content, and welcomed members to join the ARR work groups if interested by contacting Debbie Heinze via e-mail. Kim Zimmerman reviewed sections 7 and 8, followed by discussion. Feedback received was:

- Need a way to communicate what is available to consumers
- Publicize the suggestions made by consumers, and how those suggestions were utilized
- Consumers need to be better oriented to the services that are available
- Information sharing with families is not happening

It was requested any students that will be interning at CEI be invited to attend the Advisory Council meetings.

DCH Plan of Correction: Kim Zimmerman tabled review of the DCH site review plan of correction to the next meeting due to time constraints.

Vice Chairperson: Kim Zimmerman reminded the group election of a new vice chairperson will be held during the September meeting, and asked for nominations. Kim McKenzie and Charlotte Lamb were nominated. It was agreed additional nominees may be added at the beginning of the next meeting. Each candidate will give a brief statement regarding their desire to hold the position, prior to the voting.

Updates: Julie distributed copies of an article on "The Soloist" from the Michigan Dispatch. She also announced a photo shoot in Lansing August 17 and 18; those interested may contact her for details.

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Adjournment: The meeting adjourned at 2:05 PM. The next scheduled meeting of the Affiliation Consumer and Stakeholder Advisory Council will be Thursday, September 3, 2009, 11:00 AM to 2:00 PM at 812 E. Jolly Rd., Lansing, Michigan in Conference Rooms G-11 A & B.

Respectfully submitted,

Debra Heinze
Affiliation Secretary