

2009 Application for Renewal and Recommitment (ARR) or... The What?!



What is the ARR?

The Application for Renewal and Recommitment (ARR) is the Michigan Department of Community Health's (MDCH) plan for new and improved community mental health agencies. Here's how:

- 1) Work with consumers, families, and the community to improve services. Services need to allow choices and improve the quality of the lives served.
- 2) Support greater choices and control in the treatment and direction of the lives of those served by CMH.
- 3) Be very sure that those consumers with the greatest need who can not speak for themselves are treated with respect and dignity.

The ARR 11 sections are about:

Section 1 is working together to help CMH work better for the consumer and community.

Section 2 is teaching those who care for consumers the importance and value of every life.

Section 3 is making sure that everyone has choices in their daily lives.

Section 4 is making sure everyone helps make decisions about their own care.

Section 5 is helping find ways for consumers to work and serve in their community.

Section 6 is working with the Jails to make sure treatment is continued if in jail.

Section 7 is finding out who might want services next? What do they need?

Section 8 is working together with consumers, physicians, families to provide care together.

Section 9 is working with consumers, families, and the community to improve CMH services to meet the needs of consumers.

Section 10 is about making sure that all staff is trained to provide the best possible care.

Section 11 is finding ways to save money so more money goes into provide services directly to the consumer.

Community Mental Health Affiliation of Mid Michigan (CMHAMM) wrote back to MDCH and told them

1. How we were doing in each section
2. Our strengths, weakness and successes
3. The challenges and opportunities for improvement
4. Developed a Quality Improvement Plan (QIP) with goals, objectives, and targets to be done within the next 5 years.

Now we have to work the plan! CMHAMM wants individuals receiving services, their family members, and advocates joining our work groups. Others invited include community partners (like DHS, Health Department, Courts, and hospitals), providers (foster care and other contractors), and the community. Everyone is encouraged to join our workgroups and play an important role in improving our system of care.

If you would like to help us assure that everyone has a voice and are treated with dignity, please contact:

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