

IPLT Reporting Form:

Please place a check mark in the box to the left of the group this report is representing:

	Affiliates' Co-Occurring Change Agents Reports		Other Affiliation Grants
	Jail Diversion		Recovery Council
X	Family Psychoeducation		PIHP Clinical Directors
	COD-IDDT		Self Determination
	Parent Management Training		Other:

Date: 4/15/10 Name of Representative giving report: Cathy Adams

Please Identify the Population(s) Served/Involved: Adults with Serious Mental Illness

Summary of Outcomes: (this information will be based on tasks/outcomes given to the group)

Effective 10/1/09, FPE block grant funding ceased. Collaboration across the Affiliate continues to support the sustainability of the model.

GROUPS: Groups continued to be offered as follows:

- CEI: Additional FPE groups were implemented throughout Fall 2009. Mason, ECCC, ACT, OCMS, JOLLY and OAS are now offering multifamily or single family FPE groups. Existing groups at CCCC and Jolly Rd continue to operate. In total, 30 consumers and 39 supports are participating in FPE programming.
- Newaygo: One FPE group is active. An attempt was made to implement a group for consumers with a diagnosis of Bipolar Disorder, however, attendance waned and the group was cancelled. There are plans to develop an FPE group for consumers involved in the Peer Support Recovery program.
- Gratiot: One FPE group is active with 4 consumers and 7 supports participating.
- Ionia: Two FPE groups are active—one serving consumers diagnosed with Schizophrenia and one serving consumers diagnosed with Bipolar Disorder. There are a total of 8 consumers and 7 families served in these groups.
- Manistee-Benzie: Supervision is about to begin that will support the implementation of FPE.

TRAINING: All Affiliates have FPE trained clinicians. Four clinicians are pursuing the highest level of certification which will allow them to train and supervise others. The overall goal for Michigan is to create a self-sustaining in-kind supervision framework. Staff are trained as follows:

- CEI: 16 staff are trained—5 Level II (3 pursuing Level III), 11 Level I
- Newaygo: 4 staff are trained—1 Level II (pursuing Level III), 3 Level I
- Gratiot: 4 staff are trained—4 Level I
- Ionia: 6 staff are trained—2 Level II, 4 Level I (one Level I staff will be resigned 4/22/10)
- Manistee-Benzie: 4 staff are trained—4 Level I

During Winter 2010, the State directed funding to support the hire of a Statewide FPE Coordinator. This position is responsible for the coordination of training, maintenance of a clinician/trainer registry and organization of the Learning Collaborative. Due to the transition of this position, Learning Collaboratives were not offered during the 1st and 2nd quarter.

SUPERVISION: All Affiliate FPE staff continue to receive clinical supervision, under contract, from Phil Collin, Family Psychoeducation Network. Additional options for continuation of supervision are being explored pending the completion of the contract with Mr. Collin.

DATA/OUTCOMES/FIDELITY: The survey tools developed by Mary Ruffulo (U of M) continue to be utilized. The CEI Evaluation Specialist is collecting and analyzing data with the report forthcoming. There is some discussion at the Statewide level regarding switching to the SAMHSA Fidelity/Outcome measurement tools. This transition will be facilitated across the Affiliate as necessary.

It should be noted that FPE staff have reported observable positive outcomes with regard to return to school/workforce, improved communication in family/support system, improved symptom recognition and management, enhanced problem solving skills and an expanded social support network.

ACTIVITIES: There are notable activities that have occurred, or are scheduled, which fall outside of the intervention itself.

- Gratiot: An FPE consumer participant from Gratiot shared his experience with FPE at a Statewide Recovery Council meeting.
- CEI: CEI staff are presenting in April at the Annual NAMI Michigan Conference regarding the FPE model and its value in supporting partnerships with families.
- CEI: CEI staff are presenting in May at the Mental Health and Aging Conference with a special emphasis on the adaptation of the model for use with the older adult population.
- CEI: CEI staff are presenting to Baker College students in May regarding the use of psychoeducational groups with families and persons with mental illness.

SUSTAINABILITY: CEI staff person, Cathy Adams, continues to serve on the FPE Statewide Steering Committee and on the FPE Statewide Training Committee representing the CMHAMM. The charge of this committee is to formalize training, certification and supervision guidelines, monitor fidelity/outcomes, support the development of a centralized database for trained staff and support the sustaining of the FPE model.

Outstanding Tasks/Outcomes not yet completed:

- 1) Have an FPE Affiliation business/consultation retreat to collectively support the ongoing implementation and sustaining of the model.
- 2) Continue to identify where additional groups are needed.
- 3) Continue implementation of survey instruments including data collection instruments well as fidelity and process monitoring tools.
- 4) Development of a supervision model to clinically support staff after contracted supervision ends.

Barriers to completing Tasks/Outcomes:

- 1) Sustainability issues related to training requirements and Level I, II and III certification
- 2) Continuation of supervision upon completion of contracted supervisory relationship.
- 3) Financial issues related to maintaining the model.
- 4) Consistency of data reporting across the Affiliation.

Does the group require any assistance to complete tasks/outcomes: _____ Yes X No
If yes, what is needed?

06/09